



## Initial Formation Program of the OFS of Canada



### Workshop: Mary, Inspiration for our Life

<b>Welcome</b>	.
<b>Opening Prayer/Song</b>	From the Ritual, or the Liturgy of the Hours, or the Prayers of Saint Francis or other Franciscan sources
<b>The Word of God/Sharing</b>	Mary at the Annunciation; the Birth of Jesus; the flight into Egypt.; at Cana; at the Passion; at Pentecost and afterwards
<b>Articles of the Rule (Life Project) and of the General Constitutions</b>	Article 9 Article 16
<b>Content of the Formation taken from the CIOFS Formation Manual/Sharing</b>	Formation Manual : section FRANCIS AND THE BLESSED VIRGIN MARY : The function of the Blessed Virgin in the plan of salvation; Our Franciscan Heritage; Franciscan Focus; Mother of the Franciscan Order
<b>Franciscan Writings</b>	Answer, either privately, or in a group, the questions for reflection shown on page 4 of this section Adm. 1 : On Mary's poverty; 2 Celano, 198 : Salutation to the Virgin : Mary as protector and advocate for the Order
<b>Pause</b>	
<b>Other References such as Videos, CDs, DVDs, Films</b>	Ref.: Vat. II, Const. On the Church, 52-69; Decree on The Apostolate of the Laity, 4
<b>Optional : News/Announcements Info. on the Church and Order</b>	Mention and celebrate, whenever possible, the feasts (and dates) of the Virgin Mary that the Church celebrates in a special manner at certain times of the liturgical year
<b>Formation Follow-up</b>	In preparation for this meeting, retrace the titles that saint Francis gave to the Virgin Write in your <i>Journal</i> the prayer to the Virgin that signifies « me », inspires or touches me the most
<b>Prayer/Parting Song</b>	